

# CULTIVATING RESILIENCY *for Women in Agriculture*

## Through Ag Women's Eyes – Agriculture Stress Across the U.S.

Wednesday, July 22 - 12 p.m. CDT

UNIVERSITY OF MINNESOTA  
EXTENSION



### Cultivating Resiliency Upcoming Live Online Sessions

#### Webinars and **Coffee Chats**

#### July 2020 Sessions to date

*Webinars are recorded Coffee Chats are not.*

*You may access recordings at:*

<https://americanagriwomen.org/webinars/> or

<http://umash.umn.edu/cultivating-resiliency/>

Sessions hosted by Doris Mold,

Presidents' Council - American Agri-Women

contact her at [doris.mold@americanagriwomen.org](mailto:doris.mold@americanagriwomen.org) with questions.

#### Webinar

Wednesday, July 22 at 12 noon Central

### Through Ag Women's Eyes – Agriculture Stress Across the U.S.

Join us for a view of what is happening with agriculture and farm stress across the country. We have a terrific panel of women farmers, ranchers and growers from across the country that will share a woman in the "field" perspective by sharing their thoughts on ag stress in their region and in their commodities. We will also feature a presentation of selected results from the 2019 Women in Ag Stress survey- stress from the perspective of women in their own words by Megan Roberts, Cultivating Resiliency Co-Lead. This session is free and open to all interested parties.

Registration link:

<https://attendee.gotowebinar.com/register/3725530632242485003>

### Panelists

Katie Boshart Glaser, Oregon - Grass seed and other seed crops, Small Business Owner, Candidate for Oregon State Representative House District 11

Sue McCrum, Maine - Potatoes & grain – McCrum Farm to Fork Family operation and Chair Maine FSA Committee

Lesley Schmidt, Kansas - Crops & beef cow/calf & VP of Education American Agri-Women

Somula “Sam” Schwoeppe, Indiana - Dairy and Dairy Manager for Feeding America

### Moderator

Doris Mold – Cultivating Resiliency Co-Lead

After registering, you will receive a confirmation email containing information about joining the webinar. Participants in the session are kept anonymous from one another and no audience members will be identified in the session.

### About our panelists:

Katie Boshart Glaser states “agriculture and hard work is in my blood.” When she was growing up her parents owned a trucking company and the family baled straw in the summer. Like many farm kids she started working at a young age. Currently she and her husband own and operate his family’s fifth-generation farm in the heart of the Willamette Valley. This will be their first harvest since buying the farm from other family members. In 2019 Katie worked as a Legislative Aide for Representative Shelly Boshart Davis. Along with farming, Katie is currently running for Oregon State Representative in House District 11.

Sue McCrum is part of a 5th generation potato and grain operation. Growing potatoes throughout the state of Maine. She married a handsome guy, who on our 2nd date told her that “ he loved the smell of dirt”! She states “I had NO idea where that would take us!” Her family also owns a frozen potato company, and just built a new frozen French fry plant, “McCrum”. A FARM to FORK family operation. Mother of 3, Nana of 8 perfect grandchildren! Currently Maine FSA state committee chair, Past MAINE AGRI- Women President and a Past President of American Agri-Women

Lesley Schmidt is part of the fifth-generation on her family farm in Southwest Kansas and current Vice-President of Education for American Agri-Women. She works alongside her family raising crop varieties such as alfalfa, oats, sorghum, soybeans, and wheat, all while managing a cow/calf operation and two diva horses. Lesley also works in the city, for a full-service engineering and planning firm where she is a civil computer-aided design and drafting (CADD) technician, as well as a permit writer and cartographer. She also officiates at a variety of schools, community colleges, and universities for track and field events. Sharing her farm’s story, whether it be with words, pictures or videos showcases why she’s proud of the ongoing improvements, dedication, passion, and concern that goes into the food that is put on the dinner table.

Somula “Sam” Schwoeppe is the Dairy Manager for Feeding America and a fourth generation dairy farmer. She earned her Master’s in Organizational Leadership and Global Pathways Sustainability from Western Kentucky University. Her education in sustainability is a part of her personal mission to make a difference

in the lives of others by working to end hunger with the nutrient powerhouse of real milk. Sam has spent her whole life in the dairy business and has experienced how women in leadership and decision-making roles truly enrich agricultural initiatives and impact. Sam showcases a strong female voice and presence in local and national leadership positions, and hopes that more women can take a seat at the table.

---

## July Coffee Chat

**CULTIVATING RESILIENCY**  
*for Women in Agriculture*

Join Us for the Original Coffee Chat  
Thursday, July 30 – 12 p.m. CDT  
*mixed-gender session*

UNIVERSITY OF MINNESOTA  
**EXTENSION**

UMASH  
Upper Midwest  
Agricultural Safety  
and Health Center

AAW  
PLANTING OUR FUTURE  
A FORCE FOR TRUTH  
AMERICAN AGRICULTURAL WOMEN

**Thursday, July 30, 2020 12:00 pm**

## **Cultivating Resiliency Virtual Coffee Chat - mixed-gender session**

Registration link:

:

<https://attendee.gotowebinar.com/register/5391665681787834891>

Times are challenging! Grab your cup of coffee and join us for an opportunity to listen and share in our Cultivating Resiliency free online "Coffee Chat" group. This is an opportunity to share what is on your mind related to agricultural stress in a safe place. Participants are allowed to be anonymous and may type in their questions or verbalize them, or just listen. The session is limited to a maximum of 20 registrants and will last one hour. The session will not be recorded and participants may choose to remain anonymous. About our facilitator: Brenda Mack is a behavioral health and human services consultant, trainer and presenter, and an Assistant Professor in the Social Work Department at Bemidji State University (BSU). Brenda is a Licensed Independent Clinical Social Worker through the Minnesota Board of Social Work. Brenda grew up on a farm and currently lives on a farm with her farming family. Brenda recently became Dr. Mack after completing her Doctor of Social Work at the University of St. Thomas.